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 Because Everybody is Somebody

AUGUST 2009
 Volume 3 Edition 31

5023 Merrick Road, Massapequa, NY 11758
 (516) 799.NEWS (6397)

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 info@massapequaNEWS.com

Point your Browser to <http://www.massapequaNEWS.com>
 Each Week in August as we Feature Internet Videos:



Festival dates: August 29th & 30th

Chamber of Commerce Festival at Carman's Plaza
 August 2nd – 8th



The Martial Arts Institute & FREE Personal
 Safety Seminars with Sensei Arango - August 9th



Goal Setting Video II – The Growing Up Series
 August 16th – 22nd

*Babe Ruth - Lou Gehrig - Mickey Mantle - Derek Jeter
 Walt Disney – Christopher Lee – Bela Lugosi
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 Walt Disney – Christopher Lee – Bela Lugosi*

Autographs

L.I. Picture Frame & Art Gallery's Collection for Sale
 and Authentication of Autographs August 23rd – 29th

From the Editor's Desk:

August, by definition and through historical evidence, is a great month marked by majestic dignity and grandeur. Gaius Octavius Thurinus, better known as Augustus, was the first Emperor of the Holy Roman Empire almost 2,000 years ago. The man carried importance in his name and in his actions. Because the Roman influence is so prominent in our western world, our month of August was named after one in the same man. It is with this legacy on its shoulders that August trudges through the dog days of summer, carrying the trials and tribulations of it on its back like an envious Atlas.

In August, we bask in the sun while it burns in the sky before the coming of cooler months. This month is marked by lethargy like a motionless Mediterranean Sea awaiting our dive. It is our responsibility as citizens to roll off the dog day tendencies, and sensibly prepare for the return to our refreshed professional lives. Despite being a month for last-minute vacations, August is also National Back to School Month.

This month, we at massapequaNEWS.com encourage you to use that good 'ole foresight that we know you are blessed with to take time out to look to your near future and set some goals for yourself. It is for this reason, amongst others, that massapequaNEWS.com is running the second coming of the Goal Setting Series, in which 'Pequans and 'Villians under age 119 can make their goals a reality by simply stating them on camera on Friday, August 14th from 5-6 pm in the NEWSroom. See you then.



Carah A. Naseem, Assistant Editor, AUGUST 2009

Up-Coming August **Events** – (details on the web: www.massapequanews.com/events2009)

- 1st Music Under the Stars with David Cassidy John J. Burns Town Park, Merrick Road, Massapequa 8 pm 797.7900
- 3rd 3v3 Basketball Tournament, 18+, All Levels, Mid-Island Y JCC 1-4 pm 822.3535 x360
- 4th “An Evening in Ireland” with Andy Cooney & Ronan Tynan John J. Burns Park, Merrick Road 8 pm 797.7900
- 4th 7th Annual Tour de Fun Family Fundraiser and Celebration at Henry Kaufmann Campgrounds 6-8:30 pm 822.3535 x320
- 5th Long Island **Women in Power** at MetLife 640.8618
- 5th Heartsaver CPR Workshop at Bar Harbor Library Registration Required, 40 Harbor Lane 6 pm 799.0770
- 6th **Martial Arts** Institute Personal Safety **FREE Seminar**, 593 Broadway Registration Suggested 7 pm 795.4102
- 6th Movies by Moonlight *West Side Story*, Marjorie R. Post Community Park 8:30 pm 797.7900
- 7th and 21st Chess at Bar Harbour Massapequa Public Library 40 Harbor Lane, Massapequa Park 799.0770
- 7th Classic Car Cruise Night at Massapequa Park Train Station 433.7465
- 8th **Comedy** Night at Sergio's Dinner and Entertainment 6:30 pm, 5422 Merrick Road, 541.6554
- 8th Doo-Wop Extravaganza at John J. Burns Town Park, Merrick Road, Massapequa 8 pm 797.7900
- 8th and 9th Park Blvd Merchants' Association **Street Fair** with Vendors, Food, Entertainment, Adults/Kids FUN 798.0900
- 11th Contemporary Book Discussion The Associate at Bar Harbour Public Library 40 Harbor Lane 799.0770
- 11th Young Survivor's Network, **Breast Cancer Support** Group 1150 Hicksville Road, N. Massapequa 6:30-8 pm 353-4561
- 11th POBNNORCS Knitting Circle at Mid-Island Y JCC 822.3535 x345
- 13th Mid-Island Y JCC Three Nights of Fun for Early Childhood 822.3535 x342
- 13th FREE Acupuncture-Breast Cancer Patients/Survivors, Amity Acupuncture, 134 Broadway 6:30-8 pm 631.691.0200
- 13th FREE Community Health Chats Plainview-Old Bethpage Public Library, 999 Old Country Road, Plainview 938.0077
- 14th 5-6 pm BE on the Goal Setting **VIDEO II** – The Growing Up Series, 5023 Merrick Road **799.NEWS (6397) FREE**
- 14th Chess at Bar Harbor Library, 40 Harbor Lane Massapequa Park, 2 pm 799.0770
- 14th Classic Car Cruise Night at Massapequa Park Train Station 433.7465
- 15th YSN Fundraiser at Massapequa **Bowl**, 4235 Merrick Road, Massapequa 6-8:30PM 541.8000
- 17th American Legion General Membership Meeting at **Post 1066**, 66 Veterans Boulevard, Massapequa 795.1504
- 17th – 19th **Psychic Night** Dinner and Entertainment at Sergio's with Robert E. Hansen, 5422 Merrick Road, 6 pm 541.6554
- 20th John Lepre Magic Show at Sergio's Dinner and Entertainment, 5422 Merrick Road 541.6554
- 21st **Murder Mystery** Show at Sergio's Dinner and Entertainment, 5422 Merrick Road 541.6554
- 25th 11th **Knitting** Circle at Mid-Island Y JCC 822.3535 x345
- 25th Summer **Tea** at Bar Harbour Massapequa Public Library 40 Harbor Lane, Massapequa Park 2 pm 799.0770
- 27th **Chamber of Commerce Luncheon** 12:00 noon @ Giovanni's 5612 Merrick Road Massapequa 799.7326
- 28th Chess at Bar Harbour Massapequa Public Library 40 Harbor Lane, Massapequa Park 799.0770
- 29th & 30th End of Summer **Festival & Craft Fair** at Carman's Plaza **VENDOR Spots Available** 541.1443
- Sept. 13th **Signature Authenticator** James Spence from 10-4 at L.I. Picture Frame 4780 Sunrise Hwy 798.8400
- Oct. 17th **Martial Arts** Institute **Bully Defense FREE Seminar**, 593 Broadway Registration Suggested 7 pm 795.4102

Guaranteed Event **inclusion** in SEPTEMBER Print Edition **Deadline: 8/20/09 799.6397**

Who's Who & When

By Andrew Malmgren

Launching the August video line-up on amityvilleNEWS.com, LongIslandNEWS.info and massapequaNEWS.com from August 2nd through the 8th is the Chamber of Commerce President, Robert R. Barrett with past-President Joe Basile discussing the end of summer community festival on Saturday, August 29th and Sunday, August 30th at Carmans Plaza.

This year's sponsors include Town of Oyster Bay Supervisor John Venditto and Grand Marshalls James Grella from Island Diagnostic Imaging and Ken Chapey from Chapey Funeral Homes. Rides by All County Amusement and entertainment this year includes magician John Lepre, Steve Mitchell's "Touch of Elvis," Tony V and Time Was, Kayla Starr, The Devotions, Chaperones Tribute, etc. Vendors will offer jewelry, zeppoles, sausage & peppers and a wide variety of handmade crafts for sale.

The video concludes with Christine Sohmer paraphrasing John F. Kennedy's inspirational 1961 inaugural address, "Ask not what your (Chamber) can do for you; ask what you can do for your (Chamber)..." Plan on attending the festival on the 29th & 30th. Additional information about the festival can be found by calling the Chamber office at 541.1443.

Next up on the video trail is Anthony Arango ("Sensei Arango") of The Martial Arts Institute. A 36-year resident, Sensei Arango discusses the ill effects of crime and how you can protect yourself, your family and your home. At least six residential burglaries were reported in the 7th precinct in the month of July. Sensei Arango's upcoming FREE seminar on August 6th will focus on **family safety** and **home invasion protection**. Registration is suggested at 795.4102 to ensure entry. Sensei Arango will discuss developing a personal safety strategy including:

- defending your safe zone
- recognizing dangerous situations
- being a victor NOT a victim.

Approved by our NYS Assemblyman Joseph Saladino, each family participating in the August 6th seminar will receive the internet safety cd, "Computer Cop," compliments of Assemblyman Saladino. If history is an accurate predictor of future events, plan on Assemblyman Saladino appearing at seminar on the August 6th.

For more than 40 years, Sensei has taught thousands of students and families, including: government officials, military personnel, FBI agents, and state and local law enforcement. This diverse training for professionals led Sensei Arango to specialize in personal safety. His school, The Martial Arts Institute is located at 593 Broadway in Massapequa and offers martial arts training to both children and adults, women only classes and an "executive" program for men and women over 40. The children's programs focus on team building of self-esteem, discipline, fitness, respect and confidence – tools for bully defense.

Sensei Arango extends The Martial Arts Institute's \$99/month of unlimited classes and a FREE uniform through Labor Day, promo code "mNEWS" (516) 795.4102

Scheduled to run from the 16th through the 22nd is the goal setting, ground-breaking video we are set to shoot on Friday, August 14th from 5-6:00 p.m. in the NEWSroom at 5023 Merrick Road in Massapequa. Proudly sponsored by L.I. Picture Frame & Art Gallery and Capogna Orthodontics, we will bring you Part II of the original massapequaNEWS.com Goal-Setting Video II, -- The Growing Up Series. 'Pequans and 'Villians under the age of 119 are invited and encouraged to discuss their **dreams and goals** on camera!

When asked how this video series began, Christine Sohmer stated, "My grandmother survived an economic depression and my father endured an economic recession. There is no reason why my generation can't bear turmoil in our economy and carry on. The next generation depends upon our ability to keep going and our children must still dream and set goals for themselves."

After the success of the original goal setting video shoot back in June, we secured the sponsorship of L.I. Picture Frame & Art Gallery and Capogna Orthodontics to continue this innovative series. Answer one simple question, "What is your goal?" This community project is designed to assist in the creation of a clear vision for our future. We encourage kids young and old to dream, set goals for themselves and take on the task of achievement. – you are invited and encouraged to join us on August 14th, dream and set your goal on camera.

Turn to the back page of this Print Edition, commit your ambition to paper and bring it with you on the 14th. Space is limited, so call the NEWSroom at **799.NEWS** (6397) to reserve your 5 minutes of fame and remember: American writer and achiever Napoleon Hill once said, "A goal is a dream with a deadline."

Finally, from August 23rd through the 29th we bring you video footage of the Long Island Picture Frame & Art Gallery ("LIPF") Autograph Collection and authentication by James Spence. Not only does LIPF offer autographed sports memorabilia and artwork, but it is also hosting authenticator James Spence on September 13th from 10 am to 4 pm. James Spence has the universal respect and approval of auctioneers, dealers, and collectors worldwide with his accurate authentication expertise. A third generation autograph collector, his knowledge and expertise has its roots in over thirty years of hobby experience.

World renowned auction houses including Sotheby's, eBay and Upper Deck employ the services of James Spence to insure the legitimacy and affirm the value of their autographed offerings. Countless collectors have sought the reassurance that their investments will retain marketability when the time is right to divest their holdings. It has long been the industry's choice to secure a James Spence Authentication Letter of Authenticity. If James Spence says that an autograph is authentic, you know that it is. Join LIPF and James Spence on September 13th to have your autographs authenticated or call to schedule an appointment **798.8400**

SEPTEMBER 2009 line-up of featured videos introduced on the Print Edition cover **deadline** is Friday, August 14, 2009 at 12:00 noon **(516) 799.6397 §**

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MassapequaNEWS.com
BE on The Growing up Series, VIDEO II

Friday, August 14, 2009 5-6 pm

5023 Merrick Road . Massapequa
516.799.NEWS (6397)



Fill in & Bring With You:

(1) My name is:

(2) I describe myself as:

(3) My goal is:

Sponsored by L.I. Picture Frame & Art Gallery
and Capogna Orthodontics